



A California Public School

Academia de Idiomas de Sacramento
Language Academy of Sacramento
A Two-Way Spanish Immersion Charter School

2850 49th Street
Sacramento, CA. 95817
Phone 916.277.7137 Fax 916.277.7141

Students with Serious Food Allergies

Dear Parents and Guardians,

This is to inform you that children at our school have been diagnosed with a serious peanut/nut allergy that can be life threatening. Peanut/nut allergy claims more lives each year than any other food allergy.

Because a child with a serious tree nut allergy can suffer a severe reaction by ingesting trace amounts or simply touching a peanut/nut containing foods, School staff has been trained to use epinephrine injectors. There are no cures for food allergies, so strictly avoiding the allergy-causing food is the safest plan.

The safety of all of our children is very important to all of us at Language Academy of Sacramento.

We Need Your Support

Please help us by voluntarily adhering to the following food allergy safety guidelines:

1. Please avoid any food items to be eaten as snacks in our classroom with ingredient labels indicating they contain peanuts or peanut butter.
2. Please avoid any food items with ingredient labels indicating they were manufactured in a factory that [processes nuts. (e.g. Hershey plain chocolates & some jelly beans)]
3. Parties are a special time for children, but can be difficult for the food-allergic child. In an effort to promote awareness and healthy eating habits, we ask that you send fresh fruits and vegetables instead of cupcakes/baked goods.
4. We will require that any child who eats peanut butter or peanut products for snack/lunch wash their hands after eating.
5. If your child ate foods with peanuts or peanut butter for breakfast, please make sure that his/her hands are washed with soap and water before leaving for school.

Many of the children have been very thoughtful concerning this very serious situation. They remind their teacher about fellow students' allergies and ask if they can eat the snacks we are having. This is a learning process for all of us, and we trust you understand the necessity and seriousness of these guidelines.

Remember, the safest way to reduce peanut/nut allergy risks in our classroom, is to take the time to read ingredient labels carefully. Attached is a snack list that can help you in making choices about what snacks to provide your child or what to send for special occasions.

Thank you for your support and cooperation. Together we can ensure our students safety!

Sincerely,

Eduardo de León

More information is available at www.foodallergyinitiative.org